

Nordic Learn to Swim & Baby Swimming Conference 2026 Tallinn, CONFERENCE PROGRAM			
09.10.2026		LEARN TO SWIM	BABY SWIM
11.30 -13.00	Registration		
12.00-13.00	Lunch		
13.00-13.15	Opening	President of Estonian Olympic Committee mr. Erich Teigamägi	
13.15-14.00	Ice break session	Anna-Liisa Kadaksoo-Jones - "Multigeneration – a bonus or an obstacle?"	
14.00-14.45	Seminar I	Henry Hein (EST) - Learn to Swim challenges	Minna Nevalainen & Anneli Toivonen (FIN) - The water competence and water safety practices in baby and toddler swimming in Finland
14.45-15.30	Seminar II	Michaela Holm (FIN) - Visual communication in the pool	Daniela De Toia (GER) - Child orientation & Instructors skills
15.30-16.00	Coffee break		
16.30-17.15	Seminar III	Riitta Vienola (FIN) - Every Child, Every School: Building Water Competence Through Schools	Krista Peebo (EST) - Baby swimming from a massage therapist's perspective
17.15-18.00	Seminar IV	Zara Peasland, Julie Kamara (UK) - Movement Challenges in Young Swimmers	Michaela Holm (FIN) - Visual communication in the pool
18.00-18.45	Seminar V	Peldet Droši (LAT) - "How Not to Drown" – Creating a Culture of Water Safety in Latvia	Jo Wilson (UK) - Supporting sensory transitions
18.45-19.00		First day summary	
20.00-24.00	Kochi Aidad, Lootsi 10	GALA DINNER	

10.10.2026		LEARN TO SWIM	BABY SWIM
08.30-09.30	Breakfast		
09.30-10.45	Seminar VII	Aquatic Mentors (AUS) Ruth Smith and Lyn O'Brien (online) - Challenging Behaviours and Practical Solutions	
10.45-11.00		William Salvi, World Aquatics (online) - Discover Water Program	
11.00-11.45	Seminar VIII	Jo Wilson (UK) - Aqua Sensory Regulation	Daniela De Toia (GER) - Balance and Core in Baby Swimming
11.45-12.15	Coffee break		
12.15-13.00	Seminar IX	Aquatics Denmark (DEN) - Play and learn lifesaving	Zara Peasland, Julie Kamara (UK) - Baby Flow
13.00-13.45	Seminar X	Folkhälsan (FIN) - outdoor swimming schools	Anneli Toivonen & Minna Nevalainen (FIN) - The Toddler Swimming in Finland - inspiring and playful water activities
13.45-14.45	Lunch		
		ESTONIAN SUCCESS STORIES	
14.45-15.05		Fear of Water - Kirke Reivart	
15.10-15.30		Coaches' Voice Quality - Kaisa Pollisinski	
15.30-15.50		Water Safety Success - Maria Trei	
15.50-16.10		Baby Swimming Singing - Linda Jürs (video)	
16.10-16.30		Swimming with Fins - Vladimir Kunitsõn	
16.30-16.50		Swim Together - Julia Kurbat	
16.50-17.00		Summary, closing	