

NORMATIIVID 2026

Mehed							Naised					
JEM C*	JEM B	JEM A	EM C**	EM B	EM A	ALA	JEM C*	JEM B	JEM A	EM C**	EM B	EM A
00:23,75	00:23,37	00:23,15	00:23,04	00:22,68	00:22,17	50 vab	00:26,62	00:26,22	00:26,05	00:25,99	00:25,63	00:25,05
00:52,07	00:51,23	00:50,76	00:50,52	00:49,71	00:48,61	100 vab	00:58,10	00:57,22	00:56,85	00:56,71	00:55,94	00:54,67
01:54,93	01:53,07	01:52,04	01:51,51	01:49,73	01:47,30	200 vab	02:06,61	02:04,71	02:03,91	02:03,59	02:01,91	01:59,15
04:05,74	04:01,77	03:59,56	03:58,44	03:54,63	03:49,43	400 vab	04:27,97	04:23,94	04:22,24	04:21,57	04:18,01	04:12,18
08:24,79	08:16,64	08:12,09	08:09,80	08:01,97	07:51,28	800 vab	09:11,11	09:02,82	08:59,32	08:57,93	08:50,62	08:38,63
16:11,43	15:55,73	15:46,98	15:42,57	15:27,50	15:06,94	1500 vab	17:34,37	17:18,51	17:11,82	17:09,16	16:55,18	16:32,24
00:27,05	00:26,61	00:26,37	00:26,24	00:25,82	00:25,25	50 sel	00:30,22	00:29,77	00:29,57	00:29,50	00:29,10	00:28,44
00:58,10	00:57,16	00:56,64	00:56,37	00:55,47	00:54,24	100 sel	01:04,75	01:03,77	01:03,36	01:03,20	01:02,34	01:00,93
02:07,17	02:05,12	02:03,97	02:03,39	02:01,42	01:58,73	200 sel	02:20,37	02:18,26	02:17,37	02:17,02	02:15,16	02:12,10
00:29,44	00:28,96	00:28,70	00:28,56	00:28,11	00:27,48	50 rin	00:32,93	00:32,44	00:32,23	00:32,14	00:31,71	00:30,99
01:04,36	01:03,32	01:02,74	01:02,44	01:01,45	01:00,08	100 rin	01:11,61	01:10,53	01:10,08	01:09,90	01:08,95	01:07,39
02:20,37	02:18,10	02:16,84	02:16,20	02:14,02	02:11,05	200 rin	02:36,26	02:33,91	02:32,91	02:32,52	02:30,45	02:27,05
00:25,16	00:24,75	00:24,53	00:24,41	00:24,02	00:23,49	50 lib	00:28,09	00:27,67	00:27,49	00:27,42	00:27,05	00:26,43
00:55,76	00:54,86	00:54,36	00:54,10	00:53,24	00:52,06	100 lib	01:02,47	01:01,53	01:01,13	01:00,97	01:00,14	00:58,78
02:05,49	02:03,47	02:02,34	02:01,76	01:59,82	01:57,16	200 lib	02:18,37	02:16,29	02:15,41	02:15,06	02:13,23	02:10,22
02:08,23	02:06,16	02:05,00	02:04,42	02:02,43	01:59,72	200 ko	02:22,25	02:20,11	02:19,21	02:18,85	02:16,96	02:13,87
04:37,33	04:32,85	04:30,35	04:29,09	04:24,79	04:18,92	400 ko	05:03,13	04:58,57	04:56,65	04:55,88	04:51,86	04:45,27

* - normi saavad täita 2009 ja nooremad sportlased

** - normi saavad täita 2006 ja nooremad sportlased