

VI KARKSI-NUIA OPEN WATER SWIMMING 2024

TIME: 15.06.2024

PLACE: Karksi-Nuia dam lake (58°06'27.1"N 25°33'03.9"E)

DISTANCES:

- Kids' start 100 m
 - Youth start 400 m
 - Start for hobbyists 900 m
 - Main start 1800 m (2x900 m)
 - Main start 1800 m (2x900 m) with calypso
- * Swimming takes place in the Karksi-Nuia lake with the start on the beach of the Karksi-Nuia dam.
* The organizer reserves the right to change the lengths of the distances.

SCHEDULE: Karksi-Nuia open water swimming competition is part I of the 53rd open water swimming series competition of the Estonian Swimming Association.

The Karksi-Nuia open water swimming competition will take place on June 15, 2024.

The competition center is open from 11:00 a.m. on the beach of the Karksi-Nuia lake.

Pre-registration MÜT Karksi Sport

<https://my.raceresult.com/288936/>

On-site registration and issuing of start materials will be completed 20 minutes before the respective start.

10 minutes before the corresponding start, there will be information minutes at the start.

- 12:00 I start - 100 m
- 12:15 II start - 400 m
- 13:00 III start - 900 m and 1800 m

Awarding will take place approximately 30 minutes after the finisher of the last start.

AWARD:

- The best three participants of all competition classes will be awarded.
- Awarding takes place approximately 30 minutes after the last participant of the main start finishes.
- Raffle prizes among all participants.

PARTICIPATION FEES: The participation fee includes timing, results, a drink and a snack in the recovery area.

Discounted registration until June 12:

- Kids' starters 1 €
- Youth starters 5 €
- Hobbyists and main distance starters 15 €

June 13 to June 14 and on site:

- Kids' starters 1 €
- Youth starters 7 €
- Hobbyists and main distance starters 20 €

Transfer the participation fee until June 12, 2024 to the bank account of the MTÜ AOK Arendus EE752200221067502650 SWEDBANK (explanation – Karksi-Nuia open water swimming, competitor's name and distance).

June 11 to June 14 and payment of participation fee in cash on site.

COMPETITION CLASSES:

Youth start (400 m)

- girls/boys E ... - 9 (2015 and younger)
- girls/boys D 10 - 11 (2013-2014)
- girls/boys C 12 - 13 (2011-2012)

Hobbyists start (900m)

- men/women up to 39 (1985-...)
- men/women 40 - 59 (1965-1984)
- men/women 60 - 79 (1945-1964)
- men/women 80+ (...-1944) , goes into the scoring of the series competition

Main start (1800m)

14 - 16 year olds (year 2010 - 2008)

17 - 19 year olds (year 2007 - 2005)

20 - 29 year olds (years 2004 - 1995)

30 - 39 years old (years 1994 - 1985)

40 - 49 years old (years 1984 - 1975)

50 - 59 years old (years 1974 - 1965)

60 - 69 years old (years 1964 - 1955)

70 - 79 years old (s.a. 1954 - 1945) men/women (absolute calculation, swimming with calypso, does not participate in the scoring of the open water swimming series)

* Belonging to the age group is considered on 31.12.2024. as of.

* With the parent's or coach's permission and the organizer's consent, children under the age of 14 with very good swimming skills may also be allowed to start the main distance, who in this case will participate in the 14-16 age group.

COMPETITION INFO:

- The competitions are open to everyone who has registered according to the instructions, has enough swimming skills to cover the distance.
- Full-length textile swimsuits are allowed, which do not cover the neck and shoulders or reach below the ankles (WA III p. 7.1), and the costume must not have locks, hooks or other fasteners (WA I p. 7.5.1.6).
- Timing of the competition is done with a chip. If the chip is lost/non-returned, the organizer of the competition will invoice the participant for the lost/non-returned chip in the amount of 60 €.
- If the competition is canceled for reasons beyond the control of the organizers, the entry fee will not be refunded.
- The entry fee is not refunded in case of illness, non-participation or cancellation of the participant.
- The final decision about the race and distance lengths will be made 1 hour before the start of the race.
- Competitions take place only if the water temperature is at least 16 degrees.
- The organizers provide a lifeguard service during the competitions. Boats and, if necessary, other watercraft accompany swimmers throughout the distance.
- The swimming course is marked with buoys.
- First aid equipment is available in the competition center.
- All questions not discussed in the guide or in dispute will be resolved by the chief judge of the competition (if necessary in cooperation with the EUL representative), questions concerning the overall score of the series competition must be directed to the EUL representative.

Information on the 53rd open water swimming series competition

The stage of the Estonian open water swimming series goes into the overall ranking of the series competition if the water temperature is at least 16 degrees.

Scoring of the series

Points are calculated as follows: 1st place - 20 points; II place - 15 points; III place – 10 points; IV place - 8 points; V place – 6 points; VI place - 5 points; VII place – 4 points; VIII place - 3 points; IX place - 2 points; X place - 1 point.

- The sum of the points collected in the best five (5) stages is taken into account in the overall calculation of the series competition. If two or more contestants have equal points at the end, the higher place will be awarded to the one with more first places, more second places in case of equal number of first places, etc. If it is still not possible to explain the superiority in this way, the higher place will be given to the older athlete in the last stage, or in case of non-participation of both.
- In order to take part in the overall ranking of the series competition, you must take part in at least three stages.
- There is no place-based aggregate calculation for the folk and children's distances and in the calypso class of the main distance.

Rewarding

- The awarding of each stage is done according to the instructions of the specific competition. At the conclusion of the series competition, the winner of each age group will be awarded a medal and a traveling cup, which will be kept for one for a year.
- Athletes who take 2nd and 3rd place in their age group overall will be awarded a medal.
- If a competitor has won the trophy three years in a row in the same age group, the trophy belongs to him and the organizers will replace it with a new one.
- The winner of the cup must return the cup to the EUL representative in the first stage of the next season or to the EUL office by July 1st.
- In the case of children under 14 years of age, everyone who has participated in at least three stages will be awarded a cumulative medal (at any distances).

Rules

1. Allowed swimwear: One bathing suit, swimming goggles, maximum two (2) swimming caps, nose clip and earplugs may be used.
2. All aids that can improve a swimmer's speed, buoyancy and endurance (flippers, swimming boards, socks, gloves, etc.) are prohibited. A safety buoy tied around the swimmer's body is permitted, but must not be used as a propulsion aid and the user must ensure that the buoy does not pose a danger to fellow competitors.
3. If the water temperature is +18 C and above, only textile swimsuits are allowed, which do not cover the neck and shoulders and do not reach below the ankles (WA III p. 7.1), and the costume must not have locks, hooks or other fasteners (WA 7.5.1.6).
4. Competitors must wear a swimming cap.
5. It is allowed to compete with a calypso in a separate calculation in the calypso class.
6. In case of water temperature below 18 degrees, the organizing committee of the competition, in cooperation with the EUL representative, will decide on measures to ensure the safety of the competitors. In addition to the water temperature, other weather conditions (air temperature, wind, waves) and conditions and possibilities at the start and finish location (e.g. availability of a hot shower or sauna, etc.) must be taken into account. Shortening the distance, allowing calypsos, the number of escort boats should be considered as possible solutions. Increasing and improving the recovery conditions on the shore. The participants must be informed of the respective decisions as soon as possible, but no later than 20:00 the day before the competition.

7. The participant will be marked with a competitor's number according to the procedure prescribed by the organizer. The contestant may not remove the number before finishing. If the organizer deems it necessary to use brightly colored numbered swimming caps, it is mandatory for competitors to wear them.

8. Each participant is personally responsible for his swimming ability and health condition and must sign a health declaration form before the competition. For children under 18, a parent or legal guardian signs.

9. All questions not discussed in the guide or in dispute will be resolved by the chief judge of the competition (if necessary in cooperation with the EUL representative), questions concerning the overall score of the series competition will be resolved by the EUL representative.

ORGANIZERS AND SUPPORTERS:

- The main organizer of the competitions is the MTÜ AOK Arendus Andres Kübar, +372 501 4939, andreskybar@gmail.com, www.facebook.com/aokarendus
- The local organizer is the MTÜ Karksi Swimming Club Jaak Israel, +37255698844, karksisport@gmail.com
- The organizing partner is the Estonian Swimming Association Kristiina Arusoo, +372 5665 6831, avavesi@swimming.ee, <http://www.swimming.ee/>
- The competitions are supported by:

