



ESTONIAN OPEN LONG COURSE MASTERS CHAMPIONSHIPS INVITATION 2024

- The Championships will be held on June 8, 2024 in Tartu, AURA Veekeskus (Turu 10).
- The competition will be organized by Estonian Swimming Federation (representative Kristiina Arusoo, masters@swimming.ee), in collaboration with MTÜ TUK.
- The competition will be held in two sessions in a 50 m indoor pool on 6 lanes. Electronic time-keeping shall be used.
- All events will be swam as direct finals. Heats will be formed according to entry times, regardless of age-groups – slower swimmers first.
- The competition is open to all swimmers with year of birth 1999 or earlier. Participants must have a valid swimmers license of any national swimming federation affiliated to WA.
- Entries (incl. relays) must be submitted by clubs through swimrankings.net Entry Manager or to e-mail voistlused@tukSPORT.ee at latest on June 2, 2024 at 23:59.
- Relay swimmers names must be given in writing to the race office at latest 30 minutes before the session starts.
- At least 3 days before the competition the organizer will send the entries to clubs for cross-checking.
- The cancellations have to be done at latest 48 hours before the competition starts.
- Start list will be published at latest 24 hours before the competition starts.
- Start fees: 20 euros for first event and 7 euros for every next event. Start fee for relays: 20 euros per team.
- Start fees have to be paid at latest on June 6, 2024 to bank account of EESTI UJUMISLIIT
IBAN: EE037700771008720022
SWIFT/BIC: LHVBE22
Payment explanation: MASTERS, *club or swimmers name*.
- If invoice is needed, please ask for it before you make the payment (tom@swimming.ee)
- Session starting times:

Morning session	warm-up 10:15	competition 11:00
Evening session	warm-up 15:45	competition 16:30

PROGRAM:

8.06.2024		8.06.2024	
Morning session		Evening session	
1 / 2	200 m Indiv. Medley W/M	22 / 23	50 m Freestyle W/M
3 / 4	50 m Backstroke W/M	24 / 25	100 m Backstroke W/M
5 / 6	200 m Butterfly W/M	26 / 27	100 m Butterfly W/M
7 / 8	50 m Breaststroke W/M	28 / 29	100 m Breaststroke W/M
9 / 10	100 m Freestyle W/M	30 / 31	200 m Freestyle W/M
11 / 12	200 m Backstroke W/M	32 / 33	400 m Medley W/M
13 / 14	200 m Breaststroke W/M		<i>break</i>
15 / 16	50 m Butterfly W/M	34 / 35	4x50 m Freestyle W / M
17 / 18	400 m Freestyle W/M	36	4x50 m Freestyle MIXED
	<i>break</i>		
19 / 20	4x50 m Medley W / M		
21	4x50 m Medley MIXED		



- Age Groups:
WA Masters age groups for men and women will be used (25-29, 30-34, 35-39, 40-49 etc by every 5 years).
Relay age groups: 100-119, 120-159, 160-199, 200-239 etc by every 40 years.
The age of competitor is determined by December 31st 2024.
- Awards: Medals will be awarded to swimmers placed in TOP 3 within one`s age group at least in one event (one medal per person). Medal can be picked up in race office after swimming one`s all events.
- WA rules and the general competition rules of Estonian Swimming Federation for 2024 season are valid.
- Each participant is responsible for his/her own health and physical condition and confirms it when entering the competition.
- Every registered athlete must be ready for doping control. Refusing doping control or evading doping control is considered a doping rule violation. The athlete is obliged to follow the rules of fair play, anti-manipulation of sports competitions and sports security.
- The organizer has the right to use photos and video recordings taken during the competition.